

Bali Sacred Journey

August 15-27, 2027

ITINERARY SUBJECT TO REALITY & CHANGE OF ORDER



August 15-Arrive after 2 pm to check in to our Ubud Hotel/Tanah Merah. No meals included, arrival & settle in day. No program or meetings.

August 16-Orientation with Ken/Mary: Introductions, sharing what brings us to Bali, our dreams for what we receive, Somatic Movement/Continuum deepening to support our journeys. Attending logistics, receiving temple sarongs, discovering the gorgeous grounds of Tanah Merah, surrounding village/rice fields. Breakfast/Lunch included.

August 17-Morning free. Afternoon diagnosis for first timers with Shaman/Healer MM followed by the first of 2 exponentially expanding sacred bathing Melukat ceremonies. Breakfast/Lunch included.

August 18-Morning free. Full afternoon spirit play with Shaman/Healer IAL. In pairs/trios we will have personal time with IAL moving energies, shifting and transforming, filled with joy and laughter. A potent being, a Master in bringing us to our highest potential. Ken will be translating as IAL & Ken work deeply with each person. Breakfast/Lunch included.

August 19-Morning Free. Afternoon to the next octave of our work with Trance/Spirit Medium/Healer IAC. We move in Spirit Dance using our breath for expansion, dissolving more old skin realities as our hearts become lighter than a feather, up leveling our energy and more; and working with ancient elder Ratuniang and Goddess of the Sea Ratu Kidul. Breakfast/Lunch included.

August 20-Morning free. Afternoon to Shaman-Healer MM for second healing transmission and Melukat sacred bathing ceremony. Breakfast/Lunch included.

August 21- Kuningan Day. *Kuningan* is a Hindu religious festival celebrated primarily in Bali, marking the final day of *Galungan*, an eleven-day period when the ancestral spirits descend to household shrines. Understood as the moment when ancestral spirits return to the divine realm, *Kuningan* traditionally means to receive enlightenment or awareness; and is a time of notification or affirmation. A time when we remind ourselves of our spiritual duties and of

maintaining inner balance. We will experience a very special morning of ceremony with IAC, then journey to Eastern Bali where we participate/witness a traditional village trance ceremony. Breakfast only. Bring water, snacks and pre-prepared items for food needs throughout the day.

August 22-EARLY Morning sacred bathing ceremony at the 1000 year-old (1022 AD) ancient spring of Pura Mengening. Late morning and afternoon free for “sacred” shopping and relaxation. Breakfast/Lunch included.

August 23-9 AM bags out for 9:30 AM departure to travel across the island to the northwestern coast on the Bali Sea. Stopping enroute at Bedugul village country market. More “sacred” shopping & toilet break. Bring snacks & water. Breakfast only.



August 24-Free day at Bali Sea. Beach time & swimming. Optional snorkeling can be arranged at the onsite Snorkeling & Diving company. Optional spa treatments can be scheduled & paid for through Taman Sari resort. Relax & integrate in this stunning ocean environment. Breakfast only.

August 25-Morning Surya Puja sunrise ceremony with Ken and Mary. Ken will play his crystal singing bowls. All participate to receive this puja of multiple new energies. Afternoon IAL joins us including private work in hotel

meeting room followed by prayers at a special temple. Breakfast only.

August 26-Morning free. Final Group Lunch. Free until 5 pm when we leave to meet IAC and community for an amazing final group program of prayers and ceremony at Pura Shakti & Pura Melanting (temple of abundance). Breakfast & Lunch included.

August 27-Breakfast followed by Final Group Circle sharing & reflecting on Gifts, Intentions, Dreams and what we are taking home with us from this Bali Sacred Journey. Group ends. Checkout by 12 noon. (Unless you have pre-booked & paid for extra nights).

PLEASE NOTE: We leave free times open for each person’s unique ways of processing, integrating, and exploring. Therefore, Mary does not schedule movement/breath/integration sessions and is available on an as needed basis. If anyone desires a session with her during free mornings or days, she is delighted to offer herself to the group in this way. Mary also happily assists in arranging nearby temple visits, sacred shopping in Ubud, music/dance, & other Balinese cultural activities during open times in our schedule.

PAYMENT INFORMATION

Fees will be according to how many people commit to this journey:

4 people in the group: \$7150

5 people in the group: \$6550

6 people in the group: \$6150

7-8 people in the group: \$5850

9-12 people in the group: \$5450

7 Lunches are included as part of the program. 6 lunches at the Ubud Hotel and one final lunch at the ocean resort.

For a Single Room (no roommate) the Supplemental Fee is: \$960

Registration Fee & Final Payment:

We require a \$1800 non-refundable registration fee to confirm your space on or before February 1, 2027.

This registration fee is part of your total fee and is non-refundable & non-transferable to another person or another journey if you cancel.

Airfare & airport transfers not included—See info below.

****On or before April 15, 2027 your final balance is to be fully paid to Mary.** Final payments are non-refundable and non-transferable. All final payments must be made in full by April 15 or registrant will default and lose their registration fee in full.

*****All payments are final. Any cancellations will lose their registration fee & final payments in full, no exceptions. Trip/Travel insurance is recommended upon registering with your registration fee.**

Registration fees and final payments prior to travel are made to:

MOVING BODY RESOURCES. Checks, Cash, Venmo, PayPal, and Credit Card payments are accepted. NOTE: Venmo & PayPal must be sent as a FRIEND.

Credit Cards need to be arranged via Mary. The service fee will be charged directly to the payee/registrant.

Mandatory Gratuity per person is considered the final, final payment in cash before we begin. This gratuity is for the many guides, drivers, and other people attending our group. The cash is collected upon arrival at Tanah Merah/Ubud Resort by Mary, co-leader on behalf of group: **\$300 Gratuity per person**. Please only have brand new US\$100 bills—no folds, tears, or markings.

Other fees to budget for:

For all the fees in this section, please have new unmarked US dollars exact change.
Unless listed in Rupiah.

Airport Transfers IN. We can offer you support ahead of time to arrange Airport Transfer upon arrival from the Denpasar Airport to Tanah Merah/Ubud. In recent years fees have ranged from \$70-\$140 depending on the time of your arrival.

Airport Transfer OUT. You can arrange transportation to Denpasar Airport a day in advance directly with Taman Sari Resort. Prices vary depending on if the ride is shared or a single person. In recent years it has been US \$20-\$30/person (4 people in the van) if shared for the 4-5 hour drive. A tip in Rupiah is also required and is determined in advance.

Airport Transfers IN can be shared only with others who arrive on the same plane.

Airport Transfer OUT for anyone flying at close enough times can be shared. All tips are per person.

NOTE: Mary has created a budget template for all expenses related to this Bali Sacred Journey. If you are interested in this, she is happy to share it with you and talk you through the details for your planning.

AGREEMENTS FOR OUR SACRED JOURNEY

MANDATORY WAIVER

Our Mandatory Waiver/Sacred agreement of confidentiality is to be signed before our journey begins and will be attached to a copy of your passport.

Advance agreement is required to abide by Ken's healing agreements: The healers that are part of Ken's Balinese family are rare gems, mostly not on the radar screen for Westerners. By signing up you have already made a firm agreement/sacred contract that you do not and will not seek these healers out on your own, attempt to network them for other people, and speak about them in public forum or on social media forums. You also agree that you will NOT write about them or photograph them at all. We will only share details of our experiences with people in our group, and we will NOT share details with anyone outside of our group. We will NOT make the healers public in any other manner. This is all agreed to and part of the waiver. (No cameras, ipads, iphones, etc. in ceremonies).

MEALS

Meals (Daily Breakfast + 7 Lunches included): Breakfast is included at each resort every morning. Our resorts have very good restaurants, and there are ample healthy restaurant suggestions in Ubud if you wish to venture out. Meals cost approx. US\$8-\$25. There will be one day due to our program, that we will be out all day into the evening. On this day we ask people to bring snacks or pre-prepared food in lieu of lunch & dinner. You can bring favourite snacks/energy bars from home, and shop at Bali Buda (health food store) where you can buy delicious snacks and prepared food. However it happens, *we all eat very well in Bali!*

What's included meal wise: Lunches are family style. Ala carte orders and beverages of all kinds are not included. In advance, Mary will collect dietary requests/needs for vegetarians/vegans and those with food allergies. Food is ample fresh, healthy, and delicious—fresh vegetables, proteins, rice. Water, coffee, and tea are included with all meals. Special beverages not included, i.e.: Water ordered ala-carte such as Perrier/Evian, alcohol beverages, designer coffees, smoothies, sodas, and juices (at lunch). Mary will request dietary restrictions and vegetarian/vegan preferences before we travel.

Drinking Water (air minum): Bottled drinking water is available during group meals at the resorts. ONE bottle is included in the room each day, and there is a place to refill bottles at both resorts. Inexpensive extra bottles of water can be purchased via the resorts or at local village stores.