

Bali Sacred Journey

April 18-30, 2026

ITINERARY SUBJECT TO REALITY & CHANGE OF ORDER



April 18-Arrive after 2 pm to check in to our Ubud Hotel/Tanah Merah. No meals included, arrival & settle in day. No program or meetings.

April 19-Orientation with Ken/Mary: Introductions, sharing what brings us to Bali, our dreams for what we receive, attending logistics, receiving “temple gear”, discovering the gorgeous grounds of Tanah Merah, surrounding village/rice fields.
Breakfast/Lunch included.

April 20-Mid-morning spiritual diagnosis for first timers with shaman healer MM followed by first of 2 exponentially expanding sacred bathing Melukat ceremonies with him. Afternoon to another member of Ken’s Balinese soul family, Trance/Spirit Medium/Healer IAC. We will move in Spirit Dance working with ancient elder Ratuniang, Kuan Yin. We receive a Golden Coconut Melukat ceremony for expansion, dissolving old skin realities, and up leveling our energy. Breakfast/Lunch included.

April 21-Morning free. Full afternoon spirit play with Shaman/Healer IAL. In pairs we will have personal time with him moving energies, shifting and transforming, filled with joy and laughter. A potent being he is and a Master in bringing us to our highest potential. Ken will be translating as IAL & Ken work personally with each person.
Breakfast/Lunch included.

April 22-Morning Free. Afternoon to sacred site Yeh Pulu for prayers & offerings with Ganesha by a sacred spring, receiving holy water from the priestess caretaker. On for the next octave of our work with Trance/Spirit Medium/Healer IAC. We will be moving in Spirit Dance using our breath for expansion, dissolving more old skin realities as

our hearts become lighter than a feather, up leveling our energy and more.

Breakfast/Lunch included.

April 23-Morning to Shaman-Healer MM second Melukat sacred bathing ceremony. Afternoon free. Breakfast/Lunch included.

April 24-Morning free. Afternoon visit to high priest MB. We have the privilege of him receiving us in his Griya Temple compound. He offers us a multi-faceted sound healing ceremony, receiving his potent Laughing Buddha transmission, personal and group energetic healing, plus a Melukat sacred bathing ceremony. On to IAC for amazing energy play working with the energies of Ratuniang and Ratu Kidul Goddess of the sea, plus dance and potent prayers. Breakfast/Lunch included.



April 25-Morning sacred bathing ceremony at the 1000 year-old ancient spring of Tirtha Empul at Tampaksiring. Afternoon free for shopping and exploring Ubud and relaxation. Breakfast/Lunch included.

April 26-9 am bags out for 930 am departure to travel across the island to the far Northern ocean. Stop in Bedugul village at a countryside market en route. Bring snacks. Breakfast only.

April 27-Free day at ocean. Breakfast only.

April 28-Morning Surya Puja sun ceremony with Ken and Mary. Ken will play his crystal singing bowls. We all participate and receive in this puja multiple new energies. T Free day. Amazing optional spa treatments and snorkeling options can be arranged and paid for through Taman Sari hotel. Relax and integrate in our stunning ocean environment. Breakfast only.

April 29-Morning free. Afternoon IAL joins us for private work in hotel meeting room followed by prayers at Pura Melanting temple (temple of abundance) his is a highlight of our journey for many people. Group program ends. Breakfast & Lunch included. Final Group Lunch as ceremony later.

April 30-Breakfast. Check out 12 noon.

Airport transfers not included—See info below.

PLEASE NOTE: Mary is available to facilitate each person's unique needs during open time to integrate, play, and breathe freely. Mary does not schedule movement/breath/integration sessions in advance. She is available to all participants on an as needed basis, and if/when the whole group desires a session with her during free mornings or days, she is always delighted to offer herself to the group in this way. Mary is also happy to assist in planning and arranging sacred shopping trips to Ubud, along with experiencing music/dance & other Balinese cultural activities during the open times in our schedule. We will take you to the best woodcarver in Bali as well.

PAYMENT INFORMATION

Fees for the journey will be according to how many people commit to this journey:

4 people in the group: \$6895

5 people in the group: \$6295

6 people in the group: \$5895

7-8 people in the group: \$5595

9-12 people in the group: \$5195

Single Supplement: \$960 for anyone requiring a single room or without a roommate.

8 Lunches are included as part of the program. 7 lunches at the Ubud Hotel and a final lunch at the ocean resort.

Deposits & Final Payment:

We require a **\$1600 nonrefundable registration fee per person** to confirm each person's space due on Monday September 1, 2025.

This registration fee is part of your total fee and is non-refundable & non-transferable to another person if you cancel.

****On or before Dec 12, 2025 your final balance is to be fully paid to Mary.** Final payments are non-refundable and non-transferable. All final payments must be made in full by December 12 or will default and lose your registration fee in full.

*****All payments are final. Any cancellations will lose their deposit/payment in full, no exceptions. Trip/Travel insurance is recommended upon registering with your deposit.**

Deposits and final payments prior to travel are made to:

MOVING BODY RESOURCES. Checks, cash, Venmo, PayPal, and credit card payments are accepted. **NOTE: Venmo & PayPal must be sent as a FRIEND.**

Credit cards will include a 5% service fee to be added.

Other fees to budget for:

Airport Transfers IN/OUT. If you request Airport Transfer IN upon arrival, you will pay US \$80 for the one way trip to from the airport to Tanah Merah/Ubud. If your flight lands after 5 pm, the transfer fee is US \$90. Additionally, be prepared to offer the driver a 150,000 Rupiah (apx. US\$10) tip when you are dropped at hotel.

Airport Transfer OUT can be arranged a day in advance direct with Taman Sari resort at ocean at the prevailing price. Tip to driver 200,000 Rupiah (apx. US\$14 of 4 hour drive) for day time journey or 250,000 Rupiah (apx. US\$20) for 5 pm departure on.

Transfers IN/OUT can be shared with others who are arriving and leaving in close timing with each other. All tips are per person.

Mandatory Gratuity per person considered final payment cash before we begin. This gratuity is for the many, guides/drivers and other people who take care of us. The cash is collected upon arrival at Tanah Merah/Ubud resort by my co leader on behalf of group: **\$300 Gratuity** per person Mary pays this as well. Please only have a brand new US\$100 bills.

Additional healing ceremony: apx. \$140 each. There will be at least one optional very likely to unfold healing ceremony that takes place at the ocean, and possibly others. All optional healing ceremonies will require all group members to say YES in advance if you join this group. These Fees will be given (with the gratuity fee) to Samphos/Darma on the day of arrival in Bali, so that arrangements with the healer/s.

AGREEMENTS FOR OUR SACRED JOURNEY

MANDATORY WAIVER:

Our Mandatory Waiver/Sacred agreement of confidentiality is to be signed before our journey begins and will be attached to a copy of your passport.

Advance agreement is required to abide by Ken's healing agreements: The healers that are part of Ken's Balinese family are rare gems, mostly not on the radar screen for Westerners. By signing up you have already made a firm agreement/sacred contract that you do not and will not seek these healers out on your own, attempt to network them for other people, and speak about them in public forum or social media forums. You also agree that you will NOT write about them or photograph them at all. We will only share details of our experiences with people in our group, and we will NOT share details with anyone outside of our group. We will NOT make the healers public in any other manner. This is all agreed to and part of the waiver. (No cameras, Ipads, Iphones, etc. in ceremonies).

MEALS

Meals (Daily Breakfast + 8 Lunches total included). Breakfast is included at the hotel every morning. Our hotels have very good restaurants, and there are ample healthy restaurant suggestions in Ubud. Meals cost approx. US\$5-\$20. There are times due to our program that we are on the go. During these times we ask people to bring snacks in lieu of dinner. You can bring favourite snacks/energy bars from home, and shop at your leisure at Bali Buddha (health food store) where you can buy delicious inexpensive snacks. We all eat very well in Bali!

What's included meal wise: Lunches are family style. Ala carte orders and beverages of all kinds are not included. In advance, Mary will collect dietary requests/needs for vegetarians/vegans and those with food allergies. Food is ample fresh, healthy, and delicious. Water, coffee, and tea are included in all meals. Special beverages not included, i.e.: Water ordered ala-carte such as Perrier/Evian; alcohol beverages; any designer coffees, smoothies, and juices at hotels not included.

Drinking Water (air minum): Shared Bottled drinking water is available during group meals at restaurants, with 1 bottle included in the room/day or a place to refill bottles with excellent drinking water. Inexpensive extra bottles of water can be purchased via the hotels or in Ubud.