



*Our 2020-2021 Zoom Salons worked to help
Save the Space and now the
Moving Body Salon
is BACK and IN-PERSON!*

*We hope you will join us
for an evening of live music, dance, spoken word,
noshing, drinking, schmoozing
and more...*

Friday, November 18th
7 pm

Music, Dance, and Word
Performed by

Cupid & the Cowboy
Norman Salant
Corazon Tierra
Kameron Villavicencio
David Belmont

Suggested Donation:
\$25

All amounts large and small are meaningful.

**Can't attend & want to support
MBR & the Salon?
Send a Venmo donation:
@MovingBodyResources**



Performer bios:



**Michele
Cupid**
of ***Cupid &
the Cowboy,***

is a Guyanese-American songwriter from the Bronx caught between two cultures yet belonging to neither. Her songwriting feels like a journal of an honest outside observer. Wayward, unexpected, and socially aware, her songs are a reflection of today's

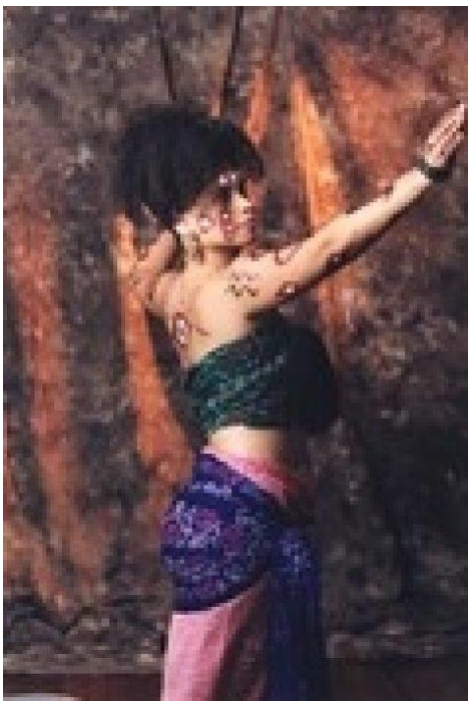
times. Cupidandthecowboy.com

Norman Salant

is a NYC songwriter and singer whose songs reflect the most moving elements of life. Melodious, intricate, lyrical wordplay, large themes, poetic imagery, abstract impressions; above all honest and somehow



modern. Norman's songs are deceptively complex, seeming to reconstitute all the music he's ever heard and played, inclusive even of his former saxophone career (he appears on The Residents and Romeo Void albums), from the Beatles to Coltrane, from Dylan to Philip Glass, from Byrne to Bowie, and turning it into something fresh and new. Pop, yes, folk, yes, avant-garde, perhaps; radically different than any particular genre might produce. As we emerge in this post-pandemic world, Norman's music is particularly worth listening to. www.normansalant.com



Corazon Tierra is an interdisciplinary dance artist, poet, writer, dance educator, and somatic movement educator. She has spent the past two decades creating experiences that blur the boundaries between art and life, and between personal transformation and community healing. Tierra's dances follow the organic movements and natural rhythms of the living body, challenging beauty perceptions and revealing the connection of the female body with the

natural world. She offers her meditative dances to the community as an invitation to be present in the body, in the here and now, free of shame and judgment. Tierra is the creator of DanzaSpa (somatic dance practice), of DanzaYo Community Dance Practice, and of BelovedBodySoul (positive body esteem through dance and somatics). corazontierradance.com

Kameron Villavicencio

(she/her) is an actor/writer based in Brooklyn, NY. She recently produced and performed her one-person show, *Confessions of a Wannabe Slut*, at The Tank in Midtown. She loves to write herself into her art and see how that art shapes its way back to her. You can check out her website:



www.kameronvillavicencio.com

or follow her on Instagram @kameronvillavicencio.



David Belmont

is a mixed media artist and community organizer. He writes poetry, memoir and short fiction. *World Gone Zoom: Notes from the American Epicenter*, his debut poetry collection, was published by The Poetry Box in May 2021. Other writing has appeared in *The Poeming Pigeon*, *Wildflower Muse* and *FishFood Magazine*. A professional musician for over 50 years, David produced 26 albums of his own

work. *WindWater Excursions* spent 8 months on the New Age Voice Top 100 Airplay List and in heavy rotation on the syndicated radio program Echoes. He is currently co-music director of the Castillo Theatre on W. 42 Street, and on faculty of the East Side Institute, an international center promoting alternative radically humanizing approaches to psychology, education and community building. He lives on the Upper West Side Manhattan with visual artist Kim Svoboda and their labradoodle Penelope.

<https://davidbelmontwriter.wordpress.com>



RSVP or Questions...

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