

Moving Body Festival 2018—Request for Proposals

Dear Somatic Movement Professional:

We are delighted to present the 2nd ***Moving Body Festival November 9-12, 2018*** at Moving Body Resources. We are inviting all Somatic Movement professionals to submit a proposal for a workshop of their very special teaching interest. The Festival description is:

Moving Body Festival 2018: Engaging Somatic Realities

Move, relax, breathe, connect, express, and create through exploring Somatic Movement Education: an embodiment approach to cultivating your innate capacities for well-being and community engagement.

This ***Moving Body Festival*** offers a weekend of deeply personal and fully connected workshops including one evening of performance; that invite you to enjoy the wonders of your moving-thinking body. Develop tools for health, distress and pain relief, creativity, and community connection, in an environment that honors diversity, self-expression and loving leadership.

This event is open to people from all walks of life. No previous experience in Somatic Movement Education is necessary.

Festival presenters/teachers will receive:

- The opportunity to participate in developing a larger community through somatic movement work by teaching, exploring, and dialoguing with other professionals and people passionate about somatic movement and human development.
- The opportunity to teach a 1.75-2 hr. workshop, and have your work promoted within a larger community context.
- A teaching fee for your workshop based on the # of people who attend your event in relation to the overall budget and financial goals of the festival.
- A free *Festival Day Pass* during the day you teach, and a discount on the full *Moving Body Festival Pass or Single Sessions*.

MB Festival presenters/teachers will be required to:

- Commit to attending a full day of the Festival on the day they are teaching, in the interest of building community and more unity throughout the Festival.
- Inform themselves about the other workshops being offered at the Festival, to discover and support connections between their own teaching and the offering of others, in the interest of building more unity throughout the entire Festival.
- Take an active and ongoing role in promoting their teaching at the Moving Body Festival via mailing/handing out of postcards, sending email flyers, social media (especially connecting to MB Festival social media options).

SUBMISSION DEADLINE IS: March 23, 2018!!!

To submit a proposal, please include the following:

Name
Address
Phone
Email & Website

Title of workshop:

Description (150 words maximum):

Biography (100 words maximum):

Technical needs (sound system, art supplies, etc):

All proposals will be reviewed by the MB Festival Committee. Our decisions will be made no later than April 10, 2018, and we will inform you immediately.

Please let me know if you have questions.

If you do not wish to teach we'd love you to participate in any way that suits you. Please be in touch with me and/or register for the Moving Body Festival when online registration is available after May 1st.

With sincere appreciation for your brilliant, creative, moving being,

Mary Abrams
& the Moving Body Festival Committee:
Lee Fogel, Cindy Shum, Jennifer Moloney, Lillian Stamey, Ali Fischer, and Corazon Tierra